

# Donation for Alamo Hospice

## Adult Sized Bib

### Supplies:

18"x36" paper for the pattern

Main fabric (eg. 100% cotton) Need 36" wide x 18"

Fabric for the backing (eg. Terry cloth or flannel)

*(Can get 2 bibs from a yard of each fabric)*

3/4" wide Velcro



1. Use a large plate (10") to round out the corners of an 18"x36" paper.



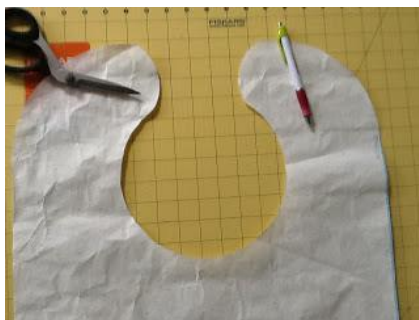
2. Use a small plate to make the neck hole. I used an 8" plate but I think a 6"-7" plate might be better. Measure 3" from the top center, trace and cut your circle.

3. To make the neck hole fit better measure 2"-3" in from the center and round the edges. Hint:

Use a lid from a jar.



< This is what the neckline should look like.



And this is what the pattern> looks like when completed.



- Next you want to cut one focus fabric and one backing fabric. Pin right sides together and sew around the edges using a 3/8" seam allowance. Leave a 3"-4" opening at the bottom for turning.
- Clip curves. Turn right side out. Fold the bottom opening under and press. Topstitch around 1/4" around the edges.
- The final step is to add Velcro. Cut a piece of Velcro 4" long. Place about 1" from the edge and sew down as shown. Put the hook on the bottom and the loop (the soft side) on the top. You may need to adjust the Velcro before sewing it down to make sure the neckline lies flat. Done!!!