

## ABCD TECHNIQUE - SUPPLIES AND FABRIC

**Morning** - Make the 32 ABCD Blocks

**Lunch break** - Trunk Show while you eat

**Afternoon** - Square up the blocks & design a quilt

**Please come to class with your fabric precut according to the diagram.**

Use 100% cotton fabrics - avoid stripes, checks, large prints, and loose weave fabrics. Remember the importance of value and stick with fabrics that appear solid from a distance. There will not be time in class to add the border, quilt the top, and bind so please leave those fabrics at home.

### Supplies:

- \_\_\_\_\_ ½ yard of light material
- \_\_\_\_\_ ½ yard of medium material
- \_\_\_\_\_ ½ yard of dark material
- \_\_\_\_\_ Tool/Pencil for marking on dark & light fabrics
- \_\_\_\_\_ Small Ruler Ex. 3 x 9, 4 x 8 - longer than 6"
- \_\_\_\_\_ 4 x 4 Ruler with 45° for squaring blocks
- \_\_\_\_\_ Rotating cutting mat or small cutting mat
- \_\_\_\_\_ Sewing machine, Pins, Rotary cutter - bandaids :)
- \_\_\_\_\_ Small iron and pressing mat IF you have one
- \_\_\_\_\_ Painter's Masking Tape - Blue
- \_\_\_\_\_ Cell phone or camera for taking pictures
- \_\_\_\_\_ Sewing Machine Feet (not just 1/4" Foot)
- \_\_\_\_\_ Extra needles just in case
- \_\_\_\_\_ 1 yard of flannel for design wall - Optional
- \_\_\_\_\_ Manual for machine - Optional

### Leave at Home:

- \_\_\_\_\_ Extra 12" for 3" borders of dark material
- \_\_\_\_\_ Extra 12" of light or medium material for binding
- \_\_\_\_\_ 1 yard for backing of light, medium, or dark

## CUTTING INSTRUCTIONS

It is my recommendation to starch the fabrics - it is okay to leave them folded like they came off the bolt but check that the edges match. Layer all three ½ yard fabrics on top of each other matching the selvage ends and fold line. Cut 5" squares referring to the chart. You may leave them stacked. This method will yield 24 of each fabric = 72. An 8 x 8 grid will use only 64 squares but we want extra to use in the design process and if you make a mistake.

